THE CREATION

IN CONNECTION WITH THE QUANTUM FIELD

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The earthly world of duality is known to us because we live in it. The STATE OF CONSCIOUS-NESS BEYOND DUALITY in the QUANTUM FIELD is not directly describable with words of the dual world; one can only set signposts. There is no clear boundary to be drawn between the two worlds, except towards the soul world, where we are clearly in an unconsciously uniform state. Even the wise and saints of former times had conceptual problems in this regard. Jesus allegedly uttered the sentence "My kingdom is not of this world", referring to the world of Nonduality. And Indian sages could not find a suitable word for Nonduality, they simply said "THAT".

In order to show practically what might be meant by Nonduality-consciousness, I will tell you an experience: I took the ski lift up a mountain. I spontaneously fell into a deep, almost unconscious state. When I got off at the top - back to normal consciousness - I wondered what it was. There was only one word, namely "NOTHING". Interestingly, despite active skiing, I was in a state of psychic joy like bliss the whole following afternoon. This was paradoxical: On the one hand the state beyond duality (Nothing) and on the other hand abundance and bliss. Both are not mutually exclusive.

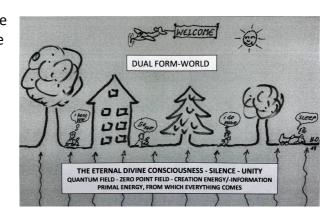
The approach to NONDUALITY is also about the attempt to LINK SPIRITUALITY and SCIENCE. With the words "SILENCE AND SCIENCE" Baba often spoke about this. With Newton's world view a connection between human consciousness and the physical level of creation was excluded. With the discovery of quantum physics the connection became possible. This led to books such as "Mind over Matter" by Dawson Church, which demonstrate how much everything, including consciousness and matter, is interwoven and form a unity. The OBSERVER EFFECT of quantum physics, for example, "...implies that the world is re-created by human consciousness at every moment, but usually with the memory of how it was before..." and "...everything is made out of spirit, reality is spirit, matter is only it's tangible expression..." (Prof. Dürr, Heisenberg's successor at the Max Planck Institute in Munich). From this I derive in simple terms: When we rethink the world, we re-create it, which is what we do with Babas remembrance, Silence and the Golden-Age-consciousness.

Despite all scientific knowledge, it is generally not clear HOW CREATION COMES ABOUT. According to God's teaching and from a quantum physical point of view, however, this is simple: God himself never intervenes directly in the physical creation. He rather renews the degenerated human consciousness, and the renewed human consciousness in turn renews the physical creation on a quantum physical level. The HUMAN CONSCIOUSNESS is therefore the LINK BETWEEN THE HIGHEST CONSCIOUSNESS (GOD) and the PHYSICAL CREATION. Conversely, this is easy to realise if one considers the man-made destruction of the environment and the increase in global conflicts as consequences of the degenerated human consciousness. The best example is the crisis of fear called Covid-19. In short, THE STATE OF THE WORLD IS THE EXPRESSION OF HUMAN CONSCIOUSNESS.

With increasing cleansing and renewal of the human consciousness, "the point of the matter" will probably soon be reached, at which then, according to a domino effect, one after the other will also be cleared on the physical levels. The POWER OF PURE SILENCE (right picture) will play an ESSENTIAL ROLE in this process, firstly, because THE SILENCE CORRES-

PONDS TO THE ZERO POINT FIELD and secondly, because it leads to the original STARTING POINT: This FIRST PURELY SPIRITUAL CREATION PROCESS was physically REIFIED by science and in connection with the new beginning was called the "Big Bang" of a highly concentrated PHYSICAL energy point. In REALITY it is a concentrated SPIRITUAL energy point, which is of course nothing else than the light-energy-point of GOD, the seed of the world tree.

Now to the topic of NONDUALITY: The "state of consciousness beyond duality" means the FORMLESS, ETERNAL SPACE that exists EVE-RYWHERE, which is described in quantum physics as a FIELD, as a formless level of energy and information (in the picture on the right, down below). This eternal, timeless space I like to call "THE ETERNAL DIVINE CONSCIOUSNESS". From this "ENERGY OF CREATION", with the help of human consciousness, everything emerges that is per-



ceived in the physical world of duality (top of the picture).



The graphic shows three levels of human consciousness, namely the upper consciousness (green), the subconsciousness (blue) and the eternally formless divine consciousness (red), also called FIELD. While on the green and blue level there are differences in life history, sanskars and injuries between person A and person B, on the red level all souls are the same. Therefore the state is also called the state of ONENESS or ALL-UNIT. For the time being I call this state also the "I AM" or "STATE OF BEING".

The question now is, of course, HOW TO GET THERE? My spiritual path to this day is the RAJA YOGA MEDITATION, in which the SILENCE played and still plays a SPECIAL ROLE. The SILENCE up to NOTHING (my lift experience) corresponds to UNFORMED POTENTIAL OF THE FIELD; the silence also corresponds to the Bapsaman stage. In order to reach such deep levels of consciousness, however, I first had to dissolve TRAUMATA (deep mental injuries) and ENERGY BLOCKADES. The BK-seniors seem to have found other ways to do this than I have like deep Tapasia, especially under the direct influence of Bapdada.

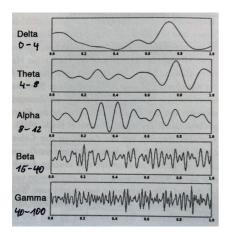
PSYCHOLOGICAL INJURIES are stored in the soul, in the subtle body, in the chakras, in the cells (psychosomatic), in the neurological synapses and control circuits, in the DNA and as beliefs in the subconscious. ENERGY BLOCKADES PROTECT the very sensitive injuries. However, the blockades (picture below) disturb the FLOW of the life energy. With the healing method "Psychosomatic Energetics", which I practice myself, German doctors have identified 28 conflict topics in total. With BKs I have diagnosed 3-7 each. Due to their long incarnation pe-

riod the traumas were very big. In order to find out which trauma is currently active, an unerring diagnosis with the help of a testing device and kinesiology is required. First, in addition to the energy fields Vital, Emotional, Mental and Causal (spiritual), the currently blocked chakra is diagnosed, then the conflict behind it. Once this is diagnosed, its size is determined. The conflicts have certain names, so there is the "anger conflict", which is often hidden behind a "soft" mask.



Since the traumas have become negative in the course of time, they are states of originally positive, golden age qualities - in other words, a reversal has taken place - it is now time to turn them back to the positive. The hidden anger could originally have been a special embodyment of power. After the reversal we find together a SUITABLE SOLUTION SET which is then used for the THERAPY. The resolution of conflicts and blockages is then carried out with intensive healing methods, usually within the framework of 2-3 sessions. Then the next topic emerges. Particularly noteworthy is the fact that the injuries and blockages are hidden and inaccessible with the consciousness, they are "BLIND SPOTS". (Baba: To be under the influence of Maya). In real life the active conflicts become noticeable in similar circumstances the anger "jumps up" again and again like a red flag. But you can't figure out why this happens again. By the way, you can rely on diagnostics, because the tested energy does not lie.

Once the previous steps have been completed, it is easier to find your way into the quantum field or to Divine Consciousness. For this purpose the knowledge of different STATES OF



BRAIN WAVES is helpful. When we speak and hear we are in the beta wave range. The alpha state is experienced by every person during the transition from the waking state to the sleeping state and when waking up. Meditators also experience it, of course. They usually go deeper, namely into the theta state, some even enter the delta state, which corresponds to deep sleep. In the latter two states one has access to the quantum field and thus to the Divine Energy. This temporary "AWAKENING" is said to occur relatively frequently. Whoever is permanently in this field of consciousness, can be called "ENLIGHTENED". All this can be better explained with the help of the next picture.

The picture below shows superficially known things. But there is a NEW INTERPRETATION of the question "WHO AM I? Readers may wonder what this is all about, we know: "I am a soul ..." However, there is a big difference between calling oneself a soul in the context of a concept and actually being in the consciousness of "FULFILLED NONDUAL NOTHING" (Ski lift). The approach to the target point is now gradual, step by step.

In the picture we see a film projector, a screen on which a film appears with two actors. In front of the film sits a detached observer, who is also the left actor on the screen. The NEW INTERPRETATION, who I am is temporary: I AM THE EMPTY SCREEN. It represents the PER-CEPTIVE CONSCIOUSNESS. When the film ends, I continue to exist as the white screen, as pure, perceiving consciousness. This means that I am as a screen in the eternal Divine Consciousness and completely detached from the drama, no matter what happens on the screen. This also explains the equality, UNINESS or All-UNITY of all souls, because the empty white



canvas remains the empty white canvas regardless of which images and how many images are stored in the soul and are projectted to the screen.

But the canvas metaphor was not complete enough. I realized that I AM THE ETERNALLY EXISTING LIGHT IN THE PROJECTOR. It exposes the stored images and projects them onto the canvas. When screen, light and film are together in one device, like in a

TV screen, it becomes clearer. The projector now corresponds to the head. I, the LIGHT, the soul, sit in the head, and at the same time the head contains the brain. In our example, the BRAIN corresponds to the SCREEN but with the DIFFERENCE that the canvas remains "innocent" while the synaptic control circuits of the brain, the cells, etc. depict the mental injuries. In order to make the image projected from the NONDUAL WORLD OF THE SOUL visible in the DUAL WORLD, we now need the BRAIN instead of the canvas, which RECONSTRUCTS the images. A branch of science calls this process CONSTRUCTIVISM. The LIGHT with the film belongs to the NONDUAL world and the BRAIN belongs to the DUAL WORLD of forms. BOTH, LIGHT/SOUL on the one hand and BRAIN on the other hand, are therefore "BRIDGEHEADS" BETWEEN the "BEYOND" and THIS WORLD. From all this, TWELVE SOLUTION STEPS result for the time being (the learning process continues).

SOLUTION ESSENCE: 1) SILENCE IS THE BASIS, IT CORRESPONDS TO THE QUANTUM FIELD. 2) SPACE FOR EMERGING THOUGHTS. 3) I AM NOT MY THOUGHTS. 4) I OBSERVE MY THOUGHTS. 5) By OBSERVING MY THOUGHTS and all other THINGS FROM THE WORLD OF FORMS I DETACH MYSELF from them all, because as an OBSERVER I am NO MORE IDENTIFIED with them. 6) SOLUTION of TRAUMATA and BLOCKADES and the foundation of new synaptic connections, new DNA and new BELIEFS in the SUBCONSCIOUSNESS. 7) MY CONSCIOUSNESS can thus RETURN TO SILENCE/NONDUALITY. 8) This also leads to detachment from PERSONAL HISTORY, which makes me FREE. 9) With this I create my over-conceptual SOULCONSCIOUSNESS. 10) BABAS permanently REMEMBRANCE leads to further spiritual cleansing. 11) This enables SOUL-TOUCHING SERVICE. In this very state I experienced deep, eyewet SOUL TOUCHES, because I was in the red level of oneness (picture 2 on p. 2). 12) With all this I make MY CONTRIBUTION TO THE CREATION OF THE NEW WORLD.

The next steps are supplements, such as the PROMOTION OF THE HEART LEVEL, because it is

"underweight" compared to the brain, especially in the West. Researchers have found out through scans that the radiation of the heart is a thousand times stronger than that of the brain. In the end, it is all about the BALANCE between the two (picture on the right), but above all about the SYNCHRONISATION OF HEART AND BRAIN. The latter, in connection with theta or delta brainwaves and connected with BABA and the quantum



field, leads to supernatural events, e.g. to great healing successes "as if from NOTHING". Another prerequisite for personal SUCCES IN CREATION is "the spiritual-EMOTIONAL anticipation of the COMPLETED Reality", combined with the feeling of GRATITUDE.

On the way from the brain to the heart the development of INTUITION was important for me. It requires INNER SPACE. Everything is allowed to be there, even negative things, becau-

se in the SPACE there is room to turn to the positive. The space corresponds to a RESONANCE SPACE, like the cello. Without a resonance room, you cannot hear anything. In the resonance space I can more easily hear BABA`S "voice" and also my own inner voice. The latter is also important, because in the Golden Age SHIVBABA is NOT AVAILABLE. That is why it is now important to give inner space and intuition with the inner voice. This opens an access to deep feelings. Trusting them and acting on them is connected with risks, because I can



be wrong in my spontaneous intuition. I accept this in the knowledge that the intuitive decisions according to the "principle of small steps" work better and better. That is how it was with me, although I can still be wrong spontaneously today. But everything can be corrected. This means that important learning processes are also possible with ATTENTIVE OBSERVATION. After all, INTUITION for me is the DIVINE INTELLECT. In the Golden Age we will not analyse and discuss. Everything is simply there and fits as if by magic.

The soulconscious INTUITION is followed almost automatically by the SYNCHRONISATION OF THE CIRCUMSTANCES OF LIFE. Everything fits together perfectly. Together with this the OPENING TO THE OUT-SIDE occurs (picture on the right). It leads to authentic encounters. The radiation invites other people into my pure, open energy field (resonance principle). One meets, feels the attraction and enters



into contact without prejudice. Soul touches happen and friendships develop.

Once the conditions described so far have largely been met, we will enter the FLOW. Flow has become a fashionable word. It is often used when things work well. This is not wrong in itself, but the real FLOW goes deeper. In my experience it shows the following results: When it's easy (no matter what I do), when it's fun and when it's optimally efficient with a mini-



mum of effort. The crown is put on by the words "It happens by itself". The latter has a double meaning in the sense of a) it happens easily and b) it comes from the inner pure self. The pure self knows no error.

When we were children we used to bathe in the river. When we were older, we lay down on air mattresses and tried to steer in the river, which was very exhausting due to the strong current. Then we made an interesting discovery: When we

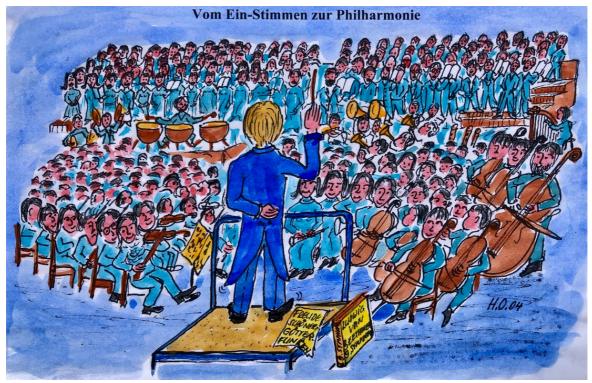
let go and just let ourselves drift, the air mattress automatically searched for the optimum of the current with us on top. Now we let ourselves drift in the FLOW, relaxed and detached. The water did not fight with obstacles, but flowed flexibly around them. This experience fits perfectly with the relaxed and trusting observation of the drama film. The drama brings us to our destination as surely as the river brings us to the ocean (soul world).

After that the so-called ENLIGHTENMENT can appear. It cannot be forced by effort. It has more to do with letting go, commitment and grace. In the past it was only attributed to a few saints like Jesus and Buddha. Due to the present time of reconnection with GOD, however, it is likely to occur more often today. For me it is an absolutely FREE-SOULCONSCIOUSNESS-STATE. It includes, among other things: altruistic, all-encompassing love, compassion and all-oneness with all that is, also outside and inside are a unity, beyond wishes, beyond suffering



etc. It is characterized by detached attention, also called WITNESS AWARENESS.

After all, it is about the SYNCHRONISATION of all those who want to belong to the "ORCHE-STRA OF THE NEW WORLD". Each soul plays its own instrument, all souls are equipped with different capacities, and yet they come together to form a harmonious unity by means of the "SWARMINTELLIGENCE". If you have ever observed how all the birds in a swarm of birds change directions absolutely simultaneously, then you know what is meant by swarm intelligence. In the GOLDEN AGE no soul says "I am the first, everyone has to follow me!" Because of the UNITED FIELD, which is especially created by the most powerful souls, all are SYNCHRONISED with each other as if by magic. No soul plays wrong, everything fits.



FROM ONE-VOICE TO PHILHARMONIE

Before that, choir and orchestra must be retuned. The members call for the conductor, because they have played without him for a very long time, and in the end they are quite out of tune and in big chaotic disharmony. Finally the conductor appears, uses the first violin as an instrument (Brahma Baba) and gives the concert pitch A as in Atma. Slowly, but gradually, they all tune in harmoniously, up to "MUCH HARMONY" (in German: "Philharmonie=Vielharmonie=Much Harmony). The ninth (1+8) symphony immediately reveals itself perfectly under Babas conducting. Joy of beautiful sparks of the deities... all men become brothers... (German: Freude schöner Götterfunken... Alle Menschen werden Brüder ... Hallelujah!

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